

3 Magic Phrases

Guaranteed to Raise Your Energy



TheJoyWithin.org



3 Magic Phrases Guaranteed to Raise Your Energy, Right Now

Instructions: Complete each phrase with a topic, idea, or inspiration that feels good to you. Watch the video for a complete explanation of how these phrases work, and how to pick the affirmations that will be most powerful for you.



Magic Phrase #1: Thank you for helping me...

Thank you for helping me _____.

- Thank you for helping me to appreciate the simple joys that already surround me.
- Thank you for helping me to think more clearly about my aims.
- Thank you for helping me to let go of negative thoughts and habits.

Magic Phrase #2: Thank you for expanding me...

Thank you for expanding me _____.

- Thank you for expanding the joy, peace, and love I feel every day.
- Thank you for expanding my awareness of All That I Am.
- Thank you for expanding my ability to manifest everything I choose.

Magic Phrase #3: Thank you for inspiring me...

Thank you for inspiring me _____.

- Thank you for inspiring me to live an exciting, fulfilling, and passionate life.
- Thank you for inspiring me to focus on work I love.
- Thank you for inspiring me to help others to become more joyful.



BONUS VIDEO: How To Apply The 3 Magic Phrases for Optimum Results

These 3 phrases, by themselves, have the power to completely transform your life. BUT, you have to use them correctly.

I teach a basic strategy you can use to work with these 3 phrases in the free video training included with this download.

[Click here to watch the free training.](#) (if you haven't already.)

The #1 point to understand is that the key is to align your energy (your state of mind) as you're working with these phrases. You need to use them in a way that makes you *feel* excited, enthusiastic, and passionate about your goals.

Getting into that state of excitement is unbelievably simple, and these phrases - when used correctly - are just one tool you can use.

When understand how they work, you can leverage them to reach incredibly powerful results, but ***you have to know how to use them.***

I teach how to apply these ideas in my workshop: Moving Thought Into Alignment with Your Desire.

- How To Build Momentum Towards Any Goal
- What Resonance Is, and Why It Matters
- The Key To Feeling Good, Every Day
- Powerful Guided Meditation and Thought Exercises to Get You In The Zone
- BONUS: A simple 3 minute exercise to exponentially increase your results using the Three Magic Phrases.

[Click Here to Register for the Workshop:
Moving Thoughts Into Alignment With Your Desires.](#)

